

Lesson Instructions

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Published by:

The Heritage House '76, Inc.
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Suitable for: Single expectant woman who is not living with or going to marry the father of the baby.

Time Frame: This lesson is best early in the pregnancy but will be effective at any time during the pregnancy.

Lesson Objective: To help a young woman who plans on single parenting to better understand the reality of what she is facing. Through this understanding, you can help her see the value of our Earn While You Learn Program.

Instructions: Show the DVD, *Going It Alone*. After the DVD, give the client a copy of the DVD worksheet while you keep the answer key. Some of the questions on the DVD worksheet have specific answers from the DVD. Other questions are for discussion. Use the discussion questions to help your client better understand and think through the decisions she is making.

Special Consideration: There might be a suspicion that this lesson will promote adoption. If you sense this, put your client's mind at ease in the beginning so she can focus on the lesson.

Homework: Give your client the booklet, *Is Parenting for Me Now?*

Supplies: DVD: *Going It Alone*; Booklet: *Is Parenting for Me Now?*

Note: You do not need to remove the master sheets from the protective plastic to copy. You can copy right through the plastic. Start with the last page first and move forward so your copies will come out in order.



Going it alone is tough, and this lesson tries to work through the reality that will be faced.

