

### DVD Worksheet, Page 1

#### Boundaries Are Good?

God created sex as an amazing gift but put boundaries in place because He loves us. In the same way you put boundaries on a child who has a new bike (don't ride in the street, don't ride in the house, etc.), God has set boundaries for us with sex so we don't hurt ourselves or others. It may seem easy to give in and have sex before marriage, but crossing those boundaries can have big consequences.



Alcohol and drugs can push you to do things you don't want to do.

**Note:** When a question has an \* at the beginning of the question, your client advocate will discuss these questions with you. You can think about the answers for discussion but, don't need to write out the answer.

1. \*Has anyone ever "told you" the information in this DVD before?
2. \*Were you surprised when Pam said God created sex to be an awesome gift? He also created it to have boundaries. What boundary did God create for sex?
3. If you are sexually active, you have a \_\_\_\_\_ times greater chance of contracting a sexually transmitted disease than getting pregnant.
4. \_\_\_\_\_ percent of single teenage mothers will live below the poverty level for at least ten years. The number-one indicator of poverty in this country is being a \_\_\_\_\_.
5. It costs between \$\_\_\_\_\_ and \$\_\_\_\_\_ for a single father to support a child for eighteen years.
6. \*You don't have to answer out loud or write it down, but think about this question. Have you ever been in a circumstance where you made a bad decision while you were drunk that you would not have made when you were sober?
7. The inability to have children (infertility) has risen by 500 percent in the last ten years. What has caused this? The increase in \_\_\_\_\_.
8. In a twenty-four-hour period, \_\_\_\_\_ sexually active people will contract a sexually transmitted disease.
9. In 1950, there were only \_\_\_\_\_ sexually transmitted diseases. There are now over \_\_\_\_\_. \_\_\_\_\_ percent of these are incurable.
10. If you contract chlamydia one time, you have a \_\_\_\_\_ percent chance you will never have children. If you contract it twice, it doubles to \_\_\_\_\_ percent. Three times, and you will probably not be able to have children.
11. Females have an \_\_\_\_\_ sexual system. Males have a \_\_\_\_\_ sexual system. Explain what Pam meant when she said, "Women pay a higher price for having sex outside of marriage."
12. Herpes affects a woman by causing painful sores in the vaginal area. Many times the sores are on her \_\_\_\_\_. \_\_\_\_\_ out of \_\_\_\_\_ sexually active people have herpes.



### DVD Worksheet, Page 2

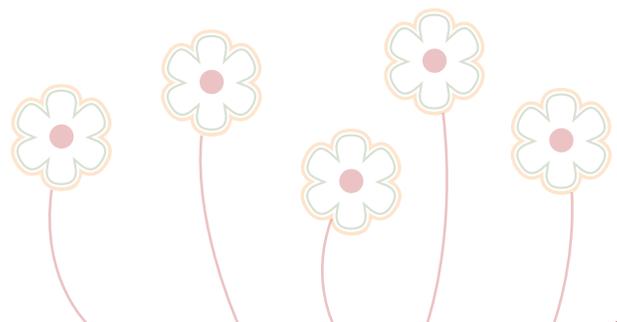
#### Diseases and Pain

There are many diseases that you can get by having sex outside of marriage. When you hear the word disease, you think that if you had one, you would be able to tell. Yet many sexual diseases have no symptoms. You won't know you have a disease, but it will do damage.

13. T or F The strains of HPV (genital warts) that give you cancer do not give you actual warts; therefore you don't know you have it.
14. Gardasil is a vaccine for HPV that is advertised on TV. There are 100 strains of HPV. Gardasil is good for \_\_\_\_\_ out of the 100 strains of this virus.
15. T or F In this country, more women die of cancer due to HPV than of AIDS.
16. \_\_\_\_\_ percent of the teens in this country who have had sex are already infected with HPV. That is \_\_\_\_\_ out of \_\_\_\_\_ sexually active teenagers who have HPV.
17. \*Why don't condoms protect you from HPV (genital warts)?
18. \*What is the number-one rule for teens to be 100 percent safe from STDs?
19. If you are not a virgin, there is hope. First, you must \_\_\_\_\_. Ask for forgiveness from God and commit to virginity from this point on.
20. \*How does this DVD affect your view of sexual activity outside of marriage?
21. \*What one thing in this DVD had the most impact on you?



Being tested for STDs is important, but the best way to avoid STDs is to wait to have sex until you are married.



### DVD Worksheet Key, Page 1

#### Boundaries Are Good?

God created sex as an amazing gift but put boundaries in place because He loves us. In the same way you put boundaries on a child who has a new bike (don't ride in the street, don't ride in the house, etc.), God has set boundaries for us with sex so we don't hurt ourselves or others. It may seem the easy way is to give in and have sex before marriage, but crossing those boundaries can have big consequences.



Alcohol and drugs can push you to do things you don't want to do.

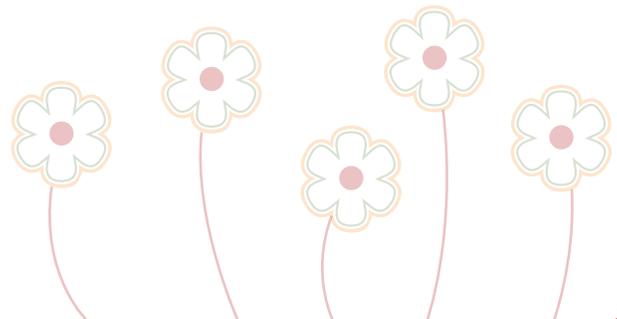
1. \*Has anyone ever "told you" the information in this DVD before?

Answers will vary.

2. \*Were you surprised when Pam said God created sex to be an awesome gift? He also created it to have boundaries. What boundary did God create for sex?

***The boundary God created for sex is marriage.***

3. If you are sexually active, you have a **four** times greater chance of contracting a sexually transmitted disease than getting pregnant.
4. Eighty percent of single teenage mothers will live below the poverty level for at least ten years. The number-one indicator of poverty in this country is being a **single parent**.
5. It costs between **\$60,000** and **\$80,000** for a single father to support a child for eighteen years.
6. \*You don't have to answer out loud or write it down, but think about this question. Have you ever been in a circumstance where you made a bad decision while you were drunk that you would not have made when you were sober?
7. The inability to have children (infertility) has risen by 500 percent in the last ten years. What has caused this? The increase in STDs.
8. In a twenty-four-hour period, **14,000** sexually active people will contract a sexually transmitted disease.
9. In 1950, there were only **five** sexually transmitted diseases. There are now over **thirty**. Thirty percent of these are incurable.
10. If you contract chlamydia one time, you have a **25** percent chance you will never have children. If you contract it twice, it doubles to **50** percent. Three times, and you will probably not be able to have children.



### DVD Worksheet Key, Page 2

#### Diseases and Pain

There are many diseases that you can get by having sex outside of marriage. When you hear the word *disease*, you think that if you had one, you would be able to tell. Yet many sexual diseases have no symptoms. You won't know you have a disease, but it will do damage.



Being tested for STDs is important, but the best way to avoid STDs is to wait to have sex until you are married.



11. Females have an open sexual system. Males have a closed sexual system. Explain what Pam meant when she said, "Women pay a higher price for having sex outside of marriage." ***A woman's reproductive system is very complicated. Not only do we produce eggs from our ovaries, they must travel down the fallopian tube and implant in the uterus. Any one of these diseases can do damage to this system and result in infertility. Men make sperm.***
12. Herpes affects a woman by causing painful sores in the vaginal area. Many times the sores are on her ***cervix. One*** out of ***five*** sexually active people have herpes.
13. ***T*** or F The strains of HPV (genital warts) that give you cancer do not give you actual warts; therefore you don't know you have it.
14. Gardasil is a vaccine for HPV that is advertised on TV. There are 100 strains of HPV. Gardasil is good for ***four*** out of the 100 strains of this virus.
15. ***T*** or F ***In this country, more women die of cancer due to HPV than of AIDS.***
16. Sixty-seven percent of the teens in this country who have had sex are already infected with HPV. That is ***two*** out of ***three*** sexually active teenagers who have HPV.
17. \*Why don't condoms protect you from HPV (genital warts)? ***Because the virus is spread through skin-to-skin contact and is present in the pubic area, not just on the genitals.***
18. \*What is the number one rule for teens to be 100 percent safe from STDs? ***Keep your pants on and zipped.***
19. If you are not a virgin, there is hope. First, you must ***get tested***. Ask for forgiveness from God and commit to virginity from this point on.
20. \*How does this DVD affect your view of sexual activity outside of marriage? Answers will vary.
21. \*What one thing in this DVD had the most impact on you? Answers will vary.

