

DVD Worksheet, Page 1

Short Trips

Although it only takes a few seconds, putting a child in her car seat can seem like a pain. This often leads to parents leaving their children out of the seat for short trips. Don't make this mistake. Most accidents happen close to home during "short trips." In an accident your baby has no way to brace herself and will become hurt, even in a minor accident, if she is not in a car seat.



Car seats need to be age appropriate. Check the packaging to make sure it is right for your baby.



1. True or False: Injuries are the number-one killer of children in the United States.
2. Infant car seats should be placed rear-facing in the _____ seat.
3. _____ of car seats are installed incorrectly.
4. Straps need to be _____.
5. There should be very little movement from _____ to _____ and side to side.
6. Why shouldn't you heat an infant's bottle in the microwave?
7. Why is it important that the bars on the crib be close together?
8. _____ is the leading cause of accidental death.
9. What else should you check for within standing room of the crib?
10. What are three things you can do to insure safety during your baby's bath?
 - 1.
 - 2.
 - 3.
11. Babies can drown in _____ of water. Never leave your baby alone in the bathtub.



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Safety Overboard

There is a balance between safety and freedom for your child. While you can't cover your entire house in bubble wrap, you still need to take care of the larger safety issues. Take the time and do what you need to make sure your baby is safe.



There are many poisons around your house - make sure to get them up and locked away.

12. When are toys safe?

13. Why are whole hot dogs not a good food to feed your toddler even if she can feed herself and has front teeth?

14. What other foods are not safe?

15. Balloons cause _____ of choking fatalities.



16. What are the signs of choking?

17. Why shouldn't you put chairs or couches next to windows without window guards, even if they have screens?

18. True or False: A baby can drown in a toilet.

19. What should you do with your razors, cosmetics, and medicines?

20. At what time of the day do most accidents happen and why?

21. True or False: You should put butter on a burn.

22. What is the proper treatment of burns?

23. If there are guns in the house, how should they be stored?



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Short Trips

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1. True or False: Injuries are the number-one killer of children in the United States. **True**
2. Infant car seats should be placed rear-facing in the **back** seat.
3. **Eighty-five percent** of car seats are installed incorrectly.
4. Straps need to be **tight**.
5. There should be very little movement from **front** to **back** and side to side.
6. Why shouldn't you heat an infant's bottle in the microwave?
It might create hot spots even if it feels warm.
7. Why is it important that the bars on the crib be close together?
So that the baby won't get his head caught between the bars
8. **Suffocation** is the leading cause of accidental death.
9. What else should you check for within standing room of the crib?
Lamps and cords; curtains and blinds.
10. What are three things you can do to insure safety during your baby's bath?
 1. **Test the water temperature first.**
 2. **Keep the baby away from the faucet.**
 3. **Turn your water heater down to 120 degrees.**
11. Babies can drown in **one-inch** of water. Never leave your baby alone in the bathtub.
12. When are toys safe?
When they are too big to fit inside the baby's mouth.
13. Why are whole hot dogs not a good food to feed your toddler even if she can feed herself and has front teeth?
The front teeth come in first. Your toddler can bite off a chunk of hot dog, but she has no back teeth to grind it up.
14. What other foods are not safe?
Hard candy and nuts.

