

### DVD Worksheet, Page 2

#### Strong-Headed Successes

When you are going through the struggle of dealing with a strong-willed child, just remember that she is likely to make an impact on the world. A strong-headed child with a strong parent can become an amazing adult.



When you have a large family, the dynamics get complicated. As a general rule, spend time alone with every child.

9. If you have a child or children who are toddlers or older, list their names, and put a C by the compliant children and an S by the strong-willed children.

10. \* **What does the "blank slate" idea mean?**

11. \_\_\_\_\_ your child is the \_\_\_\_\_ to handling the day-to-day challenges you face.

12. \* **What do you think this means?**

13. \* **Why do you think this is important in disciplining a child?**

14. When Dr. Dobson studied 35,000 parents he found:

There are nearly \_\_\_\_\_ times more strong-willed kids than compliant ones.

Male strong-willed children outnumber female children by \_\_\_ percent.

Birth order has nothing to do with being strong-willed or compliant.

Temperaments of children tend to \_\_\_\_\_ the temperaments of their parents.

\_\_\_ percent of strong-willed children rebelled during adolescence.

Only \_\_\_ percent of compliant children rebelled during adolescence.

Their rebellion drops rapidly in their early twenties.

The compliant child is a good student, compared to the strong-willed child.

The compliant child has higher self-esteem, compared to the strong-willed child.



### DVD Worksheet Key, Page 2

#### Strong-Headed Successes

When you are going through the struggle of dealing with a strong-willed child, just remember that she is likely to make an impact on the world. A strong-headed child with a strong parent can become an amazing adult.



When you have a large family, the dynamics get complicated. As a general rule, spend time alone with every child.

8. If you had brothers and sisters, list them below (including yourself) and put a C by the compliant siblings and an S by the strong-willed siblings.

**Answers will vary.**

9. If you have a child or children who are toddlers or older, list their names, and put a C by the compliant children and an S by the strong-willed children.

**Answers will vary.**

10. \* **What does the "blank slate" idea mean?**

**It means that all children are born equal and that only their environment shapes what they become. Mention how some people are born with a musical ability, while others can't carry a tune. Some are artistic, while others can't draw more than a stick man. These are examples that rebut the "blank slate" concept.**

11. **Knowing** your child is the **key** to handling the day-to-day challenges you face.

12. \* **What do you think this means?**

**It means that you need to understand what motivates your child, what discipline she needs, what she responds to, and how she feels and thinks.**

13. \* **Why do you think this is important in disciplining a child?**

**Children respond to different things. One child may wilt and cry with just a scolding while the other might dig his heels in and defy you. Each child needs to be disciplined fairly and with balance, but the discipline might be very different depending on their temperament. Only when you KNOW them will you be able to do what works best for them.**

14. When Dr. Dobson studied 35,000 parents he found:

There are nearly **three** times more strong-willed kids than compliant ones.

Male strong-willed children outnumber female children by **five** percent.

Birth order has nothing to do with being strong-willed or compliant.

Temperaments of children tend to **reflect** the temperaments of their parents.

