

2016 EWYL Personalized Lesson Plan

CODE: The code is an easy way for you to tailor your lessons to your client. When a client comes in early in her pregnancy, you can give her the lessons in order. However, if a client smokes, you will want to address that first. The lessons are coded so you can see, at a glance, which ones are only applicable at a certain point in pregnancy and which ones are applicable anytime.

The code has two letters, a slash (/) and then two more letters.

Example: PN/FT

The two letters before the / determine if the lesson is applicable before or after birth:

PN - Pre-Natal

AB - After Birth

The two letters after the / indicate whether the lesson is specific to a certain point in the pregnancy or is applicable anytime. They are as follows:

SC - Special Circumstances

AT - Anytime

FT - First Trimester

ST - Second Trimester

TT - Third Trimester

NB - Newborn

3M - 0 to 3 Months

6M - 4 to 6 Months

9M - 7 to 9 Months

1Y - First Year and Beyond



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Choose the lessons that make most sense for your client right now. Lessons do not have to be taken in order and can be used to address the most important areas in your client's life. Also, consider looking at the lessons with your client and finding out what they are interested in learning.

| | | Order of Lesson | Date Lesson Completed |
|-----|--|-----------------|-----------------------|
| | GETTING ACQUAINTED Available from Heritage House Item #7643GA \$19.95 800-858-3040 or www.hh76.com | | |
| 1.1 | Code: PN/FT - PREGNANCY - THE FIRST TRIMESTER Suitable For: Any client in her first trimester. Time Frame: As early as possible in the first trimester. | | |
| 1.2 | Code PN/FT - PRENATAL CARE Suitable For: All clients, especially perfect for teen mothers who don't understand much about pregnancy and who don't think to ask questions of their doctors. It also works with clients who have had other children but is not as informative to them. Time Frame: Ideal before the first doctor visit. Still effective after their first doctor visit but some questions may not apply. | | |
| 1.3 | Code PN/AT - EATING FOR TWO Suitable For: All clients. Time Frame: Preferably during the first trimester. However, this lesson is still valuable any time during the pregnancy. | | |
| 1.4 | Code: PN/SC - GOING IT ALONE Suitable For: Single expectant women not living with or going to marry the father of the baby. Time Frame: Best early in the pregnancy but will be effective at any time during pregnancy. | | |
| 1.5 | Code: PN/FT - YOUR DEVELOPING BABY Suitable For: All clients. Time Frame: Anytime during the pregnancy. | | |
| 2.1 | Code: PN/AT - SMOKING Suitable For: All clients who smoke and are pregnant. Time Frame: The earlier, the better, especially if the mother smokes or lives in an environment where others smoke. | | |
| 2.2 | Code: PN/AT - ULTRASOUND - WINDOW TO THE WOMB Suitable For: All clients. Time Frame: Ideal before the first ultrasound but worthwhile any time during pregnancy. | | |
| 2.3 | Code: PN/FT/ST - WHAT'S SAFE, WHAT ISN'T Suitable For: All clients. Time Frame: During the first trimester or early second, since much of the development of the baby happens during this time. | | |
| 2.4 | Code: PN/ST - BONDING WITH YOUR UNBORN BABY Suitable For: All clients. Time Frame: Early in the second trimester. | | |



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| 2.5 | Code: PN/FT/ST - YOUR CHANGING BODY Suitable For: All clients. Time Frame: First trimester or early in the second trimester. | | |
| 3.1 | Code: PN/ST - THE SECOND TRIMESTER Suitable For: All clients. Time Frame: Second trimester. | | |
| 3.2 | Code: PN/TT AB/NB - UNDERSTANDING YOUR BABY'S CRY, PART I Suitable For: All clients. Time Frame: Third trimester or early infancy. | | |
| 3.3 | Code: PN/ST/TT - YOUR UNBORN BABY'S SECRET WORLD Suitable For: All clients. Time Frame: Ideal after the lesson "Bonding with Your Unborn Baby." | | |
| 3.4 | Code: PN/ST - REDUCING THE RISK OF SIDS Suitable For: All clients. Time Frame: Third trimester. | | |
| 3.5 | Code: PN/AB/TT/NB - UNDERSTANDING YOUR BABY'S CRY, PART II Suitable For: All clients. Time Frame: Third trimester or early infancy. | | |
| 4.1 | Code: PN/TT - THE THIRD TRIMESTER Suitable For: Any client in her third trimester. Time Frame: Anytime in the third trimester but preferably at the beginning. | | |
| 4.2 | Code: PN/TT - GETTING READY Suitable For: All clients. Time Frame: Third trimester. | | |
| 4.3 | Code: PN/AB/AT - EYE CONTACT MEANS LOVE Suitable For: All clients. Time Frame: Third trimester or anytime during infancy. | | |
| 4.4 | Code: PN/AB/AT - INFANT TEMPERAMENT Suitable For: All clients. Time Frame: Third trimester or anytime during infancy. | | |
| 4.5 | Code: PN/TT AB/NB - THE IMPORTANCE OF BONDING Suitable For: All clients. Time Frame: Third trimester or early infancy. | | |
| 5.1 | Code: PN/TT AB/NB - INFANT EXPECTATIONS Suitable For: Any client in her third trimester or soon after birth. Time Frame: Ideal in late third trimester or soon after birth. | | |
| 5.2 | Code: PN/TT/AB/NB - INFANT HYGIENE Suitable For: All clients. Time Frame: Late third trimester or when baby is born. | | |
| 5.3 | Code: PN/TT/AB/NB - SIMPLE INFANT CARE Suitable For: All clients. Time Frame: Late third trimester or soon after birth. | | |
| 5.4 | Code: PN/TT - CARING FOR YOURSELF Suitable For: All clients. Time Frame: Late third trimester, right before due date. | | |



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| 5.5 | Code: AB/AT - CHILDHOOD IMMUNIZATIONS Suitable For: All clients. Time Frame: Soon after the birth of the baby. | | |
| 6.1 | Code: AB/NB-6M - THE PARENT/CHILD RELATIONSHIP Suitable For: Any client with a baby. Time Frame: Newborn or early infancy. | | |
| 6.2 | Code: AB/AT - SAFE FROM THE START - CPR TRAINING Suitable For: All clients. Time Frame: Newborn to five years old. | | |
| 6.3 | Code: AB/AT - PARENTING WITH RESPECT Suitable For: All clients. Time Frame: Anytime after baby is born. | | |
| 6.4 | Code: AB/AT - QUALITY CHILD CARE Suitable For: All clients. Time Frame: Anytime after baby is born or if she has other children. | | |
| 6.5 | Code: AB/AT -LEARNING THROUGH PLAY Suitable For: All clients. Time Frame: After the birth of the baby or if she has other children. | | |
| 7.1 | Code: AB/AT - PEDIATRIC EMERGENCIES Suitable For: Any client with an infant or children. Time Frame: Anytime after the baby is born. | | |
| 7.2 | Code: AB/AT - ROUTINE ILLNESS Suitable For: All clients with an infant or children. Time Frame: Anytime. | | |
| 7.3 | Code: PN-AB/TT-AT - CAR SEAT SAFETY Suitable For: All clients. Time Frame: Third trimester or anytime during the years her child requires a car seat. | | |
| 7.4 | Code: PN-AB/9M - YOUR BABY CAN SLEEP Suitable For: All clients. Time Frame: Beginning at seven to nine months. | | |
| 7.5 | Code: PN/AB- DOMESTIC VIOLENCE Suitable For: All clients. Time Frame: To give your clients an understanding of what Domestic Violence is, how it harms them and their children, and how to get out of a violent relationship. | | |
| 8.1 | Code: AB/NB - FOOD FOR GROWTH - FEEDING YOUR BABY Suitable For: All clients with an infant. Time Frame: Newborn and early infancy. | | |
| 8.2 | Code PN/SC - LOOKING AT ADOPTION Suitable For: Clients who express an interest in adoption. Time Frame: As soon as possible after the client expresses an interest in adoption. | | |
| 8.3 | Code: AB/3M - YOUR BABY'S DEVELOPMENT Suitable For: All clients. Time Frame: Early infancy. | | |
| 8.4 | Code: AB/AT - PREVENTING CHILD SEXUAL ABUSE Suitable For: All clients with children of any age. Time Frame: Anytime after birth. | | |



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| 8.5 | Code: PN/TT - SHAKEN BABY SYNDROME Suitable For: All clients with infants. Time Frame: Anytime after birth until three years old. | | |
| 9.1 | Code: PN/AB/NB - POSTPARTUM FROM PREGNANT TO PARENT Suitable For: All clients. Time Frame: Late pregnancy or early infancy. | | |
| 9.2 | Code: PN/AB/3M - YOUR HEALTHY BABY Suitable For: All clients. Time Frame: Late pregnancy or early infancy. | | |
| 9.3 | Code: PN/AB/3M - READY TO LEARN Suitable For: All clients. Time Frame: Late pregnancy or early infancy. | | |
| 9.4 | Code: PN/AB/NB - HAPPIEST BABY ON THE BLOCK Suitable For: All clients. Time Frame: Late pregnancy or early infancy. | | |
| 9.5 | Code: AB/1Y - TOILET TRAINING Suitable For: All clients. Time Frame: After first year. | | |
| 10.1 | Code: PN/TT.AB/NB - GOALS AND BENEFITS OF BREASTFEEDING Suitable for: Any client in her third trimester or soon after birth. Time Frame: Ideal in late third trimester or soon after birth. | | |
| 10.2 | Code: PN/TT.AB/NB - TECHNIQUES AND A GOOD LATCH Suitable for: All clients. Time Frame: Ideal in late third trimester or soon after birth. | | |
| 10.3 | Code: PN/TT.AB/NB - GETTING ENOUGH MILK Suitable for: All clients. Time Frame: Ideal in late third trimester or soon after birth. | | |
| 10.4 | Code: PN/TT.AB/NB - GROWTH SPURTS AND ESSENTIALS Suitable for: All clients. Time Frame: Ideal in late third trimester or soon after birth. | | |
| 10.5 | Code: PN/TT.AB/NB - RETURNING TO WORK Suitable for: All clients. Time Frame: Ideal in late third trimester or soon after birth. | | |
| 11.1 | Code: PN/TT - INTRODUCTION AND OPTIONS Suitable for: All clients. Time Frame: Last trimester before giving birth. | | |
| 11.2 | Code: PN/TT - INTERVENTIONS AND LABOR Suitable for: All clients. Time Frame: Last trimester before giving birth. | | |
| 11.3 | Code: PN/TT - MOVING THROUGH LABOR Suitable for: All clients. Time Frame: Last trimester before giving birth. | | |
| 11.4 | Code: PN/TT - WHAT TO EXPECT Suitable for: All clients. Time Frame: Last trimester before giving birth. | | |



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| 11.5 | Code: PN/TT - INFANT CARE Suitable for: All clients. Time Frame: Last trimester before giving birth. | | |
| 12.1 | Code: PN/TT - INTRODUCTION TO DEVELOPMENTAL MILESTONES Suitable for: All clients. Time Frame: Last trimester or after giving birth. | | |
| 12.2 | Code: PN/TT - NEWBORN MILESTONES Suitable for: All clients. Time Frame: Last trimester or after giving birth. | | |
| 12.3 | Code: AB/3M- THREE TO SIX MONTH MILESTONES Suitable for: All clients. Time Frame: After birth before your baby is three months old. | | |
| 12.4 | Code: AB/6M - SIX TO NINE MONTH MILESTONES Suitable for: All clients. Time Frame: After birth before your baby is six months old. | | |
| 12.5 | Code: AB/9M - TWELVE MONTH MILESTONES Suitable for: All clients. Time Frame: After birth before your baby is twelve months old. | | |



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Bible Pack, Page 1

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| B1.1 | Code: PN/AB/AT - WHAT IS THE BIBLE? Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B1.2 | Code: PN/AB/AT - HOW DID WE GET THE BIBLE? Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B1.3 | Code: PN/AB/AT - THE PENTATEUCH Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B1.4 | Code: PN/AB/AT - ISRAEL BECOMES A NATION Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B1.5 | Code: PN/AB/AT - WALKING WITH THE ISRAELITES Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B2.1 | Code: PN/AB/AT - NEW TESTAMENT Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B2.2 | Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 1 AND 2 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B2.3 | Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 3 AND 4 Suitable For: Any client. | | |
| B2.4 | Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 5 AND 6 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B2.5 | Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 7 AND 8 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B3.1 | Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 9, 10, AND 11 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B3.2 | Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 12, 13, AND 14 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B3.3 | Code: PN/AB/AT - A JOURNEY THROUGH JOHN - CHAPTERS 15, 16, AND 17 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B3.4 | Code: PN/AB/AT - FINISHING THE JOURNEY THROUGH JOHN - CHAPTERS 18, 19, 20, AND 21 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |
| B3.5 | Code: PN/AB/AT - THE GOSPEL OF JOHN Suitable For: Any client. Time Frame: Anytime or when client expresses interest in Bible study. | | |



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Life Skills, Page 1

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| L1.1 | Code: SC - IT'LL NEVER HAPPEN TO ME! Suitable For: Any client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply. | | |
| L1.2 | Code: SC - THE HEART OF THE MATTER Suitable For: Any teenage client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply. | | |
| L1.3 | Code: SC - WHAT DOES GOD SAY? Suitable For: Any client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply. | | |
| L1.4 | Code: SC - CHARACTER MATTERS Suitable For: Any client who is single and sexually active. Time Frame: Anytime the client's special circumstances apply. | | |
| L1.5 | Code: SC - MAKING THE COMMITMENT Suitable For: The client who has successfully gone through L1.1 through L1.4 and wants to make the commitment to abstinence. Time Frame: Anytime the client's special circumstances apply. | | |
| L2.1 | Code: PN/AB/AT - MONEY MANAGEMENT 101 Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with money management. | | |
| L2.2 | Code: PN/AB/AT - BASICS OF BUDGETING Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with budgeting. | | |
| L2.3 | Code: PN/AB/AT - CHECKING ACCOUNTS Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with a checking account. | | |
| L2.4 | Code: PN/AB/AT - POSITIVE CREDIT Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with finances. | | |
| L2.5 | Code: PN/AB/AT - SAVING FOR THE FUTURE Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with finances. | | |
| L3.1 | Code: PN/AB/AT - APARTMENT RENTING 101 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L3.2 | Code: PN/AB/AT - ROOMMATES - CONFLICT RESOLUTION Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L3.3 | Code: PN/AB/AT - FURNISHING AND DECORATING YOUR HOME Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L3.4 | Code: PN/AB/AT - HOUSECLEANING 101 Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L3.5 | Code: PN/AB/AT - TIME MANAGEMENT FOR THE PARENT Suitable For: Any client. Time Frame: Anytime or when client expresses need for help with time management. | | |



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Life Skills, Page 2

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| L4.1 | Code: PN/AB/AT - SHOPPING FOR A CAR Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L4.2 | Code: PN/AB/AT - INSURANCE NEEDS Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L4.3 | Code: PN/AB/AT - USING A RECIPE Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L4.4 | Code: PN/AB/AT - SURVIVING AT THE CHECKOUT Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L4.5 | Code: PN/AB/AT - MENU PLANNING Suitable For: Any client. Time Frame: Anytime or when client expresses interest in the lesson. | | |
| L5.1 | Code: AT - GEARING UP FOR THE JOB SEARCH Suitable For: Any client. Time Frame: Any time a client is building skills for job hunting. | | |
| L5.2 | Code: AT - WHERE OPPORTUNITY KNOCKS Suitable For: Any client. Time Frame: Any time a client is building skills for job hunting. | | |
| L5.3 | Code: AT - HOW TO APPLY FOR A JOB Suitable For: Any client. Time Frame: Any time a client is building skills for job hunting. | | |
| L5.4 | Code: AT - THE INTERVIEW Suitable For: Any client. Time Frame: For any client preparing to go on a job interview. | | |
| L5.5 | Code: AT - WORKING SMARTLY Suitable For: Any client. Time Frame: For any client preparing to work now or in the future. | | |



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Parenting Pack, Page 1

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| P1.1 | Code: AB/1Y - STRAIGHT THINKING Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P1.2 | Code: AB/1Y - THE 1-2-3 Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P1.3 | Code: AB/1Y – REAL WORLD APPLICATIONS - WHEN THERE IS AN AUDIENCE - VARIATIONS AND GETTING STARTED Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P1.4 | Code: AB/1Y - TESTING AND MANIPULATION Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P1.5 | Code: AB/1Y - COUNTING IN ACTION AND CONCLUSION Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P2.1 | Code: AB/1Y - INTRODUCTION AND REVIEW - SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P2.2 | Code: AB/1Y - SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P2.3 | Code: AB/1Y - SPECIFIC APPLICATIONS Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P2.4 | Code: AB/1Y - THE FAMILY MEETING AND TEN STRATEGIES FOR BUILDING SELF-ESTEEM Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P2.5 | Code: AB/1Y - BUILDING SELF-ESTEEM AND THE PAYOFF Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P3.1 | Code: AB/1Y - AFFIRMING, ATTENTIVE, AND CONNECTED Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P3.2 | Code: AB/1Y - DISCIPLINE AND CONSEQUENCES Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P3.3 | Code: AB/1Y - STYLES AND ROLES Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P3.4 | Code: AB/1Y - WORRIER OR VISIONARY? Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P3.5 | Code: AB/1Y - LEAVING A GODLY LEGACY Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |



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Parenting Pack, Page 2

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| P3B.1 | Code: AB/1Y – HAVE A NEW KID BY FRIDAY: MONDAY Suitable For: Any client. Time Frame: Any time baby is between one and three years old. | | |
| P3B.2 | Code: AB/1Y – HAVE A NEW KID BY FRIDAY: TUESDAY Suitable For: Any client. Time Frame: Any time baby is between one and three years old. | | |
| P3B.3 | Code: AB/1Y – HAVE A NEW KID BY FRIDAY: WEDNESDAY Suitable For: Any client. Time Frame: Any time baby is between one and three years old. | | |
| P3B.4 | Code: AB/1Y – HAVE A NEW KID BY FRIDAY: THURSDAY Suitable For: Any client. Time Frame: Any time baby is between one and three years old. | | |
| P3B.5 | Code: AB/1Y – HAVE A NEW KID BY FRIDAY: FRIDAY Suitable For: Any client. Time Frame: Any time baby is between one and three years old. | | |
| P4.1 | Code: AB/1Y – DISCOVERING WHAT TYPE OF PARENT YOU ARE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P4.2 | Code: AB/1Y – DISCOVERING YOUR CHILD’S PERSONALITY TYPE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P4.3 | Code: AB/1Y – OVERCOMING THE MAJOR DESTROYER OF FAMILIES Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P4.4 | Code: AB/1Y – PROVIDING LOVING SUPPORT TO YOUR CHILD Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P4.5 | Code: AB/1Y – CONTRACTS: SETTING LIMITS Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P5.1 | Code: AB/1Y – DEVELOPING A CLOSE-KNIT FAMILY Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P5.2 | Code: AB/1Y – TEN WAYS TO MOTIVATE YOUR CHILD Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P5.3 | Code: AB/1Y – USING THE “SALT” PRINCIPLE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P5.4 | Code: AB/1Y – THE SEEDS OF SELF-ESTEEM Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P5.5 | Code: AB/1Y – HOW TO MAKE YOUR CHILD FEEL SPECIAL Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |



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Parenting Pack, Page 3

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| P6.1 | Code: AB/1Y – WHY YOUR CHILD NEEDS DISCIPLINE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P6.2 | Code: AB/1Y – IRRESPONSIBILITY VS. DEFIANCE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P6.3 | Code: AB/1Y – ANGER VS. ACTION Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P6.4 | Code: AB/1Y – FINDING BALANCE IN DISCIPLINE Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P6.5 | Code: AB/1Y – TO SPANK OR NOT TO SPANK Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P7.1 | Code: AB/1Y – COMPLIANT VS. DEFIANT Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P7.2 | Code: AB/1Y – CHANGING DISCIPLINE WITH TIME Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P7.3 | Code: AB/1Y – CHANGING DISCIPLINE WITH TIME PART 2 Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P7.4 | Code: AB/1Y – PROTECTING THE SPIRIT Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P7.5 | Code: AB/1Y – THE ULTIMATE PRIORITY Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P8.1 | Code: AB/1Y – Parenting With an Eye To The Future Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P8.2 | Code: AB/1Y – Eight Key Aspects of Character Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P8.3 | Code: AB/1Y – Boundaries for Kids and Their Parents Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P8.4 | Code: AB/1Y – Overcoming Obstacles to Boundaries Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P8.5 | Code: AB/1Y – What Will Happen If I Do This? Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |



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Parenting Pack, Page 4

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| P9.1 | Code: AB/1Y – Pulling My Own Wagon Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P9.2 | Code: AB/1Y – I Can't Do It All, I'm Not Helpless Either Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P9.3 | Code: AB/1Y – I'm Not The Only One Who Matters Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P9.4 | Code: AB/1Y – Life Beyond "Because I'm the Mommy" Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P9.5 | Code: AB/1Y – Pain Can Be A Gift Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P10.1 | Code: AB/1Y – Tantrums Needn't Be Forever Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P10.2 | Code: AB/1Y – Be Happier, Be Thankful Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P10.3 | Code: AB/1Y – Jump-starting My Engine Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P10.4 | Code: AB/1Y – Honesty Is The Best Policy Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P10.5 | Code: AB/1Y – Roll Up Your Sleeves Suitable For: Clients with children ages 2-12. Time Frame: Anytime or when client expresses need for disciplinary help with children. | | |
| P11.1 | Code: AB/AT - STEPPARENTING BASICS Suitable For: Clients with children any age. Time Frame: Anytime a client has taken on a stepparenting role. | | |
| P11.2 | Code: AB/AT - THE ROLE OF THE STEPPARENT Suitable For: Clients with children any age. Time Frame: Anytime a client has taken on a stepparenting role. | | |
| P11.3 | Code: AB/AT - THE FIRST RULE OF LOVE AND LOGIC Suitable For: Clients with children any age. Time Frame: Anytime a client has taken on a stepparenting role. | | |
| P11.4 | Code: AB/AT - THE SECOND RULE OF LOVE AND LOGIC Suitable For: Clients with children any age. Time Frame: Anytime a client has taken on a stepparenting role. | | |
| P11.5 | Code: AB/AT - THE FOUNDATION FOR SUCCESS Suitable For: Clients with children any age. Time Frame: Anytime a client has taken on a stepparenting role. | | |



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Special Circumstances

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| S1.1 | Code: SC - CHILD ABUSE AND NEGLECT Suitable For: Special Circumstances. Time Frame: Anytime the client's special circumstances apply. | | |
| S1.2 | Code: SC - FETAL ALCOHOL SYNDROME AND DRUGS IN PREGNANCY Suitable For: Special Circumstances. Time Frame: Anytime the client's special circumstances apply. | | |
| S1.3 | Code: SC - CRYSTAL METH Suitable For: Special Circumstances. Time Frame: Anytime the client's special circumstances apply. | | |
| S1.4 | Code: SC - UNBORN ADDICTS Suitable For: Special Circumstances. Time Frame: Anytime the client's special circumstances apply. | | |
| S1.5 | Code: SC - MISCARRIAGE - FOOTPRINTS ON OUR HEARTS Suitable For: Special Circumstances. Time Frame: Anytime the client's special circumstances apply. | | |
| S2.1 | Code: SC - GETTING STARTED Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S2.2 | Code: SC - SORTING OUT WHY Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S2.3 | Code: SC - WHAT'S IMPORTANT TO ME - DIGGING DEEP Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S2.4 | Code: SC - WILL THERE BE PAIN? Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S2.5 | Code: SC - COMING TO TERMS Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S3.1 | Code: SC - MY NEEDS - COMING UP WITH A COVENANT PLAN Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S3.2 | Code: SC - A NEW FAMILY Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S3.3 | Code: SC - PLANNING FOR BIRTH Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S3.4 | Code: SC - HOW TO SAY GOOD-BYE - THE BLESSING CEREMONY Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |
| S3.5 | Code: SC - NOW WHAT? HOW TO PICK UP THE PIECES Suitable For: Special Circumstances. Time Frame: As the client moves through the steps of placing her baby for adoption. | | |



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Toddler Pack

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| T1.1 | Code: AB/1Y - 9 TO 12 MONTHS: BIG CHANGES Suitable for: All clients. Time Frame: Any time baby is between six and 12 months old. | | |
| T1.2 | Code: AB/Y - 12 TO 15 MONTHS: GROWING UP Suitable for: All clients. Time Frame: Any time baby is between 9 and 15 months old. | | |
| T1.3 | Code: AB/1Y - 15 TO 18 MONTHS: MS. PERSONALITY Suitable for: All clients. Time Frame: Any time baby is between 12 and 18 months old. | | |
| T1.4 | Code: AB/1Y - 18 TO 24 MONTHS: MR. INDEPENDENT Suitable for: All clients. Time Frame: Any time baby is between 15 and 24 months old. | | |
| T1.5 | Code: AB/1Y - 24 TO 36 MONTHS: BIG KID Suitable for: All clients. Time Frame: Any time baby is between 21 and 36 months old. | | |
| T2.1 | Code: AB/1Y – LIFE WITH TODDLER Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |
| T2.2 | Code: AB/1Y – 12-15 MONTHS: TANTRUMS: ATTITUDE ADJUSTMENT Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |
| T2.3 | Code: AB/1Y – TANTRUMS: BATTLE PLAN Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |
| T2.4 | Code: AB/1Y – MORE TODDLER NUTRITION Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |
| T2.5 | Code: AB/1Y – 9 TO 36 MONTHS: SIGN WITH YOUR BABY Suitable For: Any Client Time Frame: Any time baby is between 9 months and 36 months old. | | |
| T3.1 | Code: AB/1Y – WHINING AND ARGUING Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |
| T3.2 | Code: AB/1Y – LOVE AND LOGIC STRATEGIES Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |
| T3.3 | Code: AB/1Y – BEDTIME, MORNINGS, AND POTTY TRAINING Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |
| T3.4 | Code: AB/1Y – SLEEPEASY SOLUTION Suitable For: Any Client Time Frame: Any time baby is between nine months and three years old. | | |
| T3.5 | Code: AB/1Y – THE HAPPIEST TODDLER Suitable For: Any Client Time Frame: Any time baby is between one and three years old. | | |



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Positive Partnerships

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| R1W.1 | Code: SC – HEALTHY BOUNDARIES (WOMEN) Suitable For: Any Client Time Frame: Any time | | |
| R1W.2 | Code: SC – COHABITATION (WOMEN) Suitable For: All unmarried female clients Time Frame: Any time | | |
| R1W.3 | Code: SC – MAKING THE MARRIAGE CHOICE (WOMEN) Suitable For: All unmarried female clients Time Frame: Any time | | |
| R1W.4 | Code: SC – STAYING MARRIED (WOMEN) Suitable For: All female clients who are married or will be married. Time Frame: Any time | | |
| R1W.5 | Code: SC – SINGLE PARENTING (WOMEN) Suitable For: All unmarried female clients with children or children on the way. Time Frame: Any time | | |

