

# 2016 Men's Personalized Lesson Plan

The men's lesson are a little more linear than most of EWYL. That means that some lessons do follow the lessons before. Look at the different pack options and choose what is best for your client while taking their input into consideration.

<b>Men's Fraternity Set</b>		Order of Lesson	Date Lesson Completed
F1.1	<b>AT THE STARTING LINE: FIVE MANHOOD PROMISES</b> Lesson Objective: To provide an introduction and overview of the Fatherhood series and to begin to develop an understanding of manhood. Time Frame: Any time a client is interested.		
F1.2	<b>THE FOUR FACES OF MANHOOD</b> Lesson Objective: To explore manhood from four perspectives: the King, the Warrior, the Lover and the Friend. Time Frame: Any time a client is interested		
F1.3	<b>THE FIRST STEP TO AUTHENTIC MANHOOD: LOOKING BACK</b> Lesson Objective: To help the client look at the effect of family life and how it has shaped who he is today. Time Frame: Any time a client is interested		
F1.4	<b>THE SECOND STEP TO AUTHENTIC MANHOOD: "UNPACKING"</b> Lesson Objective: To encourage the client to look at the "unfinished business" of growing into manhood and dealing with the wounds of the past. Time Frame: Any time a client is interested		
F1.5	<b>REMEMBERING DAD</b> Lesson Objective: To understand the overwhelming importance of a father in modeling, mentoring, and helping his son become a man. Time Frame: Any time a client is interested		
F2.1	<b>FACING THE FATHER WOUND</b> Lesson Objective: To learn how to face your own father wound and/or to learn how not to inflict the father wound on your son (s). Time Frame: Any time a client is interested		
F2.2	<b>THE OVERLY BONDED MOTHER WOUND</b> Lesson Objective: To understand the effect that an overly-bonded mother (in the past and in the present) can have on a man's life. Time Frame: Any time a client is interested		
F2.3	<b>MAKING A HEALTHY BREAK WITH MOM</b> Lesson Objective: To learn what it takes to correct the problem of the overly-bonded mother. Time Frame: Any time a client is interested		
F2.4	<b>THE ALL ALONE WOUND</b> Lesson Objective: To explore the dangers of a life without the healthy influence of other men. Time Frame: Any time a client is interested		
F2.5	<b>THREE CHEERS FOR MENTORS!</b> Lesson Objective: To understand the great possibilities that can come from mentoring a young man or being mentored by an older man. Time Frame: Any time a client is interested		

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F3.1	<p><b>THE WOUNDED HEART</b>            Lesson Objective: To develop an understanding of the heart wound.            Time Frame: Any time a client is interested.</p>		
F3.2	<p><b>IMPLICATIONS OF THE WOUNDED HEART</b>            Lesson Objective: To examine the results caused by the heart wound.            Time Frame: Any time a client is interested.</p>		
F3.3	<p><b>THE GOOD NEWS SOLUTION TO THE WOUNDED HEART</b>            Lesson Objective: Finding the solution to the heart wound.            Time Frame: Any time a client is interested.</p>		
F3.4	<p><b>"SADDLE UP!" FOR THE SECOND HALF</b>            Lesson Objective: To review and summarize the first 13 lessons in preparation for looking ahead to how authentic manhood should be.            Time Frame: Any time a client is interested.</p>		
F3.5	<p><b>GENESIS AND MANHOOD, PART 1</b>            Lesson Objective: To learn how the book of Genesis in the Bible shows us the blueprint for authentic manhood.            Time Frame: Any time a client is interested.</p>		
F4.1	<p><b>"GENESIS AND MANHOOD, PART 1</b>            Lesson Objective: To learn how the book of Genesis in the Bible shows us the blueprint for authentic manhood (continued).            Time Frame: Any time a client is interested.</p>		
F4.2	<p><b>"A BIBLICAL DEFINITION OF MANHOOD, PART 1</b>            Lesson Objective: To develop a definition of manhood based on Biblical principles.            Time Frame: Any time a client is interested.</p>		
F4.3	<p><b>A BIBLICAL DEFINITION OF MANHOOD, PART 2</b>            Lesson Objective: To develop a definition of manhood based on Biblical principles (cont.)            Time Frame: Any time a client is interested.</p>		
F4.4	<p><b>A MAN AND HIS WIFE, PART 1</b>            Lesson Objective: To understand the relationship between husband and wife.            Time Frame: Any time a client is interested.</p>		
F4.5	<p><b>A MAN AND HIS WIFE, PART 2</b>            Lesson Objective: To understand the relationship between husband and wife part (cont.)            Time Frame: Any time a client is interested.</p>		
F5.1	<p><b>25 WAYS TO BE A SERVANT-LEADER</b>            Lesson Objective: To learn how to both serve and lead in the family and beyond.            Time Frame: Any time a client is interested.</p>		
F5.2	<p><b>FATHERS AND SONS</b>            Lesson Objective: To understand the vast importance of a father to his son.            Time Frame: Any time a client is interested.</p>		
F5.3	<p><b>FATHERS AND DAUGHTERS</b>            Lesson Objectives: To understand the far reaching effects a father has on his daughters.            Time Frame: Any time a client is interested.</p>		
F5.4	<p><b>A MAN AND HIS LIFE JOURNEY</b>            Lesson Objective: To explore the stages of a man's life.            Time Frame: Any time a client is interested.</p>		
F5.5	<p><b>YOUR PERSONAL MANHOOD PLAN</b>            Lesson Objective: To complete a personal manhood plan.</p>		

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## Practical Fatherhood Set

PF1.1	<p><b>REAL TIME</b>            Lesson Objectives: To learn the importance of spending effective and healthy time with children.            Time Frame: Any time a father has non-adult children.</p>		
PF1.2	<p><b>ROLE MODELS</b>            Lesson Objectives: To learn the importance of being a good role model to children.            Time Frame: Any time a father has non-adult children.</p>		
PF1.3	<p><b>RESPECT FOR MOTHERS</b>            Lesson Objectives: To learn the importance of treating the mother of his children with respect.            Time Frame: Any time a father has non-adult children.</p>		
PF1.4	<p><b>THE DAD DIFFERENCE VOL. 1</b>            Lesson Objectives: To learn the basics of why a dad is important and the basics of being a dad.            Time Frame: Any time a man has children under the age of two or is expecting children.</p>		
PF1.5	<p><b>BEING A LEADER</b>            Lesson Objectives: To learn the client the importance of being a leader in his household.            Time Frame: Any time a father has non-adult children.</p>		
PF2.1	<p><b>A DISCIPLINE FOUNDATION</b>            Lesson Objectives: To learn the "big ideas" of discipline.            Time Frame: Any time a father has non-adult children.</p>		
PF2.2	<p><b>DISCIPLINE GUIDELINES</b>            Lesson Objectives: To teach the client the importance of being a leader in his household.            Time Frame: Any time a father has non-adult children.</p>		
PF2.3	<p><b>SITUATIONAL DISCIPLINE</b>            Lesson Objectives: To learn how to both serve and lead in the family and beyond.            Time Frame: Any time curriculum is needed to help the husband or partner of the female client understand the important role as a father.</p>		
PF2.4	<p><b>BEING CONSISTENT</b>            Lesson Objectives: To learn to be a consistent father.            Time Frame: Any time curriculum is needed to help the husband or partner of the female client understand the important role as a father.</p>		
PF2.5	<p><b>THE DAD DIFFERENCE VOL. 2</b>            Lesson Objectives: To learn the basics of why a dad is important and the basics of being a dad.            Time Frame: Any time a man has children under the age of five or is expecting.</p>		

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## Positive Partnerships Set

R1M.1	Code: SC – HEALTHY BOUNDARIES (MEN) Suitable For: Any Client Time Frame: Any time		
R1M.2	Code: SC – COHABITATION (MEN) Suitable For: All unmarried male clients Time Frame: Any time		
R1M.3	Code: SC – MAKING THE MARRIAGE CHOICE (MEN) Suitable For: All unmarried male clients Time Frame: Any time		
R1M.4	Code: SC – STAYING MARRIED (MEN) Suitable For: All male clients who are married or will be married. Time Frame: Any time		
R1M.5	Code: SC – SINGLE PARENTING (MEN) Suitable For: All unmarried male clients with children or children on the way. Time Frame: Any time		