

## Spanish Infant Temperament

Suitable for: Any client

**Time frame:** Third trimester or any time in infancy

**Lesson Objective:** To help a young woman understand that babies react differently to environment and stimulus and that her reaction is important to her baby's emotional health

**Instructions:** There is no video with this lesson. Go over the material, using the questions

in italics to get to know your client.

**Homework:** Give your client the Booklet, *Your Newborn's Emotions* and a copy of the worksheet. The questions are written off of the lesson.

**Supplies:** Booklet, Your Newborn's Emotions

**Note:** You do not need to remove the master sheets from the protective plastic to copy. You can copy right through the plastic. Start with the last page first and move forward so your copies will come out in order.